

Transmutation News November 2021

If we lived a life where our inner spirit and body guided us in making decisions and judgements about life, we would all have quite the different life experience. But most of us are ruled by our minds and mental thoughts that loop throughout the day. And a lot of our mental thoughts create a tremendous amount of suffering for us.

You have probably developed your own tools to discreate some of the thoughts that end up creating more challenges for you. For our thoughts plus intention have a lot of power to manifest chaos for ourselves and the collective. One of the Medicine for the Earth teachings is “intention is seen by the brain as an action has taken place.”

It is important to rise above the negativity that we generate personally and what we absorb from the collective.

A tool I work all the time uses the powerful shamanic healing journey called dismemberment. But instead of setting an intention to ask for a full body dismemberment I ask to dismember my thought forms.

In shamanism dismemberment is a powerful initiation where the body and mind are left behind so that the initiate can feel his or her spiritual identity and merge with the Creator to remember that there is only oneness and unity. The body is torn apart by some force of nature whether it be a helping spirit or an element. And the bones and organs are cleaned. Any illness is left out and the initiate is vital and rejuvenated once again.

Dismemberment visions were considered a sign of a shaman and anyone who had a dismemberment dream or vision came back with very special psychic and healing gifts making them a perfect candidate to become a shaman.

Today many use dismemberment for healing. I wrote about dismemberment in most of my books. But if you are interested in learning more, I would suggest looking at the chapter on Dismemberment in *Walking in Light*.

I do perform dismemberment journeys for personal healing. But I also have developed a process with the assistance of a helping spirit who helps me take a negative thought form and dismember it until no part of it exists.

And then of course the key is focusing on a positive thought to fill up the space vacated by the dismembered thought form. It is all about intention. Set your initiation to dismember a thought form and observe what happens.

If you perform shamanic journeys a helping spirit can help.

Another very simple way I work is to use my imagination and see myself writing the thought form on a chalk board. Then I either use an eraser or white paint to discreate it. I find when I use this way of working that I have to keep putting on layers of paint again and again until my thought form is erased.

And then again it is important to fill up with love and light when you are done.

This month use your journey work, meditation time, or time in nature to develop your own tools for transmuting/transforming your negative thought forms.

This is a challenging time, and we want to express our feelings, and what we are thinking. That is our birthright. But you might notice always focusing on the negative changes your energy field that you inhabit, and it might not feel so good or a pleasant space to be in.

With spending a lot of time alone these days I try to create a pleasant environment in my Inner World. This ends up creating the energy field and dimension of reality I live in throughout the day.

In the U.S. November is when we celebrate Thanksgiving. The commitment to giving thanks is always appreciated. I feel that we have so much power to merge our unconditional love and light with people all over the world giving thanks on this day.

And we hold in our hearts those who are lonely, starving, and homeless. This is a tough time of year for so many who have no resources or community. Seeing them in their light and their strength is something we can all give even if we have no other way to offer help.

Due to the pandemic and losses this can be a real time of heartbreak. Let's remember those who died and the loved ones left behind and hold them in our hearts as we perform our transfiguration practice.

The full moon is November 19. Let's generate enough radiant light to hold all of us in this circle in unconditional love. As we do our preparation work for Creating a Human Web of Light, think about all the precious beings you want loved and protected right now.

Travel within to your divine light that knows no suffering, only love, and let that light fill all your cells and radiate it out throughout the collective holding all in the highest level of love.

If you are a new reader of the Transmutation News, please read Creating a Human Web of Light on the home page for instructions for our full moon ceremony,

This month Terry Morgan will be gifting us with an incredible offering. Terry is one of our brilliant teachers on www.shamanicteachers.com and she is one of my assistants in my Shift Network classes. She is one of the most open hearted people I have met. So enjoy this incredible offering Terry is giving us this month.

This is from Terry:

"Combining my shamanic practice and my love of the stars and astrology, I have been gifted a deeper lens into our own astrological chart into a great depth using journey practice. I call it our stars blueprint!

I found that if I journey into my own stars and planets, I have received more wisdom than I ever thought possible!

I would like to offer to take you on a guided shamanic journey into your own SUN sign (the sign the sun was in at your birth) .

The sun holds our “life force” energy! And once we get to the Sun, my partner Robert Rand will support us with his live channeled music rather than my drum or rattles! We have found that his music played live, has a profound affect on the journey and supports the sun’s transmissions!”

Here is the link for this journey:

<https://youtu.be/urgCVtEZcGM>

Announcements:

Right now due to the Covid, and the massive airplane cancellations due to weather, lack of pilots, and staff Isis’ statement she made in the 1990s is definitely relevant right now. She said there would come a day when students could not afford to travel to workshops or travel would start to become impossible. Therefore in 2004 I began training wonderful teachers teaching all over the world. Please visit www.shamanicteachers.com to look at the wealth of workshops you can take and are probably close to where you live.

I am waiting until I know if I can complete a Practitioner Training while we are still dealing with the Covid and the danger of retreat centers having to close. I am waiting to see how things proceed for the Practitioner Training I will teach at a physical retreat center. As you know I believe teaching advanced healing workshops online is unethical and dangerous. The internet is not a way to transmit the ancient healing practices that can be the difference of life or death in a client’s life.

But I am getting closer to booking a retreat center. So please watch for the dates!!!

I still have Evergreen Courses that are already recorded on Journeying and other topics. Check out my Training page for further information. And of course please check out my books and audio programs. I have received such great feedback, and they include information and exercises I teach in my workshops.

A reminder that Renee Baribeau and I have a popular podcast called the Shamans Cave. People love it!! I love doing the podcast with Renee! Join us! Subscribe on www.ShamansTV.com.

I will be doing an opening session on the Gathering of Shamans which takes place December 3-5, 2021. This should be a fabulous event that I am looking forward to being part of. I love the lineup of teachers who all have a fresh perspective to share.

This live, interactive video gathering takes place via ZOOM and includes Dr. Alberto Villoldo, don Miguel Ruiz Jr, Linda Starwolf, and many other leading teachers and shamanic practitioners. This online weekend event is designed to invite you into a deep experience of your own true nature using time-honored shamanic practices.

Event Highlights:

- INTERACTIVE workshops with leading shamanic teachers and healers
- Video Replays for all sessions so you won't miss a thing and can watch again as often as you like for up to six months
- A special event app that allows you to connect with other attendees in real time

The Gathering of the Shamans started as an annual event in Sedona, Arizona, that always sells out months in advance. You can now experience the power of these interactive sessions without ever leaving your home, or budgeting for airfare and lodging!

Click here to learn more. <https://bit.ly/3oyi07M>

I hope you can join us for what is sure to be a magical weekend of shamanic exploration!

<https://bit.ly/3oyi07M>

Karen Furr is one of the more experienced teachers listed on www.shamanicteachers.com. And she is a good friend of mine and has been assisting me in my Shift Network courses for years. She is offering “Shamanism as a Spiritual Path: Moving from ‘Doing’ to ‘Being’ - a new year long gathering beginning in January 2022. In these 12 monthly gatherings, Karen will explore with the group different aspects of the shamanic path and how the shifts and changes we experience within move us into the deeper path of who we are as shamanic practitioners. For information, please visit www.shamanzoom.com or email Karen @ karen@spiritdrum.org.

In a fascinating hour with bestselling author and dream archeologist Robert Moss, you’ll discover how looking to your nighttime dreams and practicing what Robert calls shamanic lucid dreaming — dream journeying while awake — provide us with powerful tools for navigating our lives in a profoundly liberating, healing, and soul-led way.

You can register here for Experience Shamanic Lucid Dreaming to Find Your Soul Direction & Life Calling: Powerful Practices to Reclaim Vital Energy & Open to Greater Fulfillment, Joy & Purpose: <https://shiftnetwork.isrefer.com/go/sldSI/ingerman/>

I have been buying crystals for my groups when we are performing certain ceremonies. I always buy my crystals from Billy Mason. I trust him. And he is such a kind and generous man!

Highly Energetic Jewelry, Healing Gemstones & Crystals individually handcrafted by Billy Mason: Custom Orders are welcome:
website: www.MysticMerchant.com email: mystic@MysticMerchant.com phone: 919-742-3945

Sounds True is putting on a what looks to be a very powerful summit. Jane Goodall will be the keynote speaker. And here are others you will be hearing from.

This [FREE 4-day online event](#) is where you will hear from a once-in-a-generation gathering of celebrated speakers and luminaries, led by a voice that has been an undimming beacon of hope and kindness for the world for decades—Jane Goodall.

Through inspiring stories and teachings, hands-on workshops, and illuminating conversations, we intend to bring hope back from its too-distant horizon.

[Program teachers and speakers](#) include:

- Jane Goodall, PhD, DBE, with an opening keynote and closing remarks
- Craig Foster and Ross Frylinck of Academy Award–winning documentary *My Octopus Teacher*
- Zolani Mahola, actress, storyteller, and lead singer of internationally acclaimed South African music group Freshlyground
- Silvia Vasquez-Lavado, the first openly gay woman to complete the Seven Summits
- Edith Eger, PhD, Holocaust survivor, bestselling author, and specialist in the treatment of post-traumatic stress disorder
- Jack Kornfield, PhD, author, Buddhist practitioner, and Spirit Rock Meditation Center founding teacher
- Tara Brach, PhD, psychologist, author, and teacher of meditation, emotional healing, and spiritual awakening
- Bonnie Wan, partner and head of brand strategy at Goodby, Silverstein & Partners
- Corrina Gould, chair and spokesperson for the Confederated Villages of Lisjan

Plus many, many more! [Register today](#) and receive a full daily schedule for this free online event.

https://summit.soundstrue.com/activating-hope/register/#a_aid=5d2e32ffc1326&a_bid=235f79aa

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